



Health
Canada

Santé
Canada



**STATUS DECISION OF CONTROLLED
AND NON-CONTROLLED SUBSTANCE(S)**

Substance: Bad Ass Mass

Based on the current information available to the Office of Controlled Substances, it appears that the above substance is:

Controlled
Not Controlled

under the schedules of the *Controlled Drugs and Substances Act* (CDSA) for the following reason(s):

- Bad Ass Mass is a nutritional supplement used for body building purposes and does not contain any substances similar to those listed in the CDSA.

Prepared by: _____ Date: Oct 15th 2010
Evelyn Soo

Verified by: _____ Date: _____
Marianne Tang

Approved by: _____ Date: _____
DIRECTOR, OFFICE OF CONTROLLED
SUBSTANCES

This status was requested by: member of the public

Drug Status Report

Drug: Bad Ass Mass

Drug Name Status: Bad Ass Mass is the product name.

Canadian Status:

Bad Ass Mass is a nutritional supplement manufactured by ALRI and marketed for body building purposes (see <http://www.nutraplanet.com/product/alri/bad-ass-mass-60-caps.html>). It is claimed to consist of the following substances:

Ptychopetalum Olaoides extract
Basella rubra extract
(25R)-4alpha-spirotan-6-one-3beta-ol
(25R)-4-Spirosten-3beta,6beta-diol

Ptychopetalum olaoides extract is most likely referencing ptychopetalum olacoides, which has been reviewed at the Office of Controlled Substances and is not considered controlled under the CDSA. In addition, both (25R)-4alpha-spirotan-6-one-3beta-ol and (25R)-4-Spirosten-3beta,6beta-diol have also been reviewed and were not included under any of the Schedules to the CDSA. Basella rubra, also known as malabar spinach, is a vine that grows in temperate climates¹ and does contain any substances similar to those listed in the CDSA. Since none of the listed ingredients contain any controlled substances, Bad Ass Mass cannot be included under the Schedules to the CDSA.

Recommendation: Bad Ass Mass is not included in the Schedules to the CDSA and is not a controlled substance.

October 15th 2010

¹<http://www.avrdc.org/LC/indigenous/basella.pdf>